Electronic Acknowledgement Receipt					
EFS ID:	1373569				
Application Number:	10699025				
International Application Number:					
Confirmation Number:	2143				
Title of Invention:	Method and system for consciously synchronizing the breathing cycle with the natural heart rate cycle				
First Named Inventor/Applicant Name:	Stephen Bennett Elliott				
Correspondence Address:	Stephen Bennett Elliott  - 702 Buffalo Springs Drive  - Allen TX 75013  US 9723968197  -				
Filer:	Benjamin Withrow/Michelle Heymann				
Filer Authorized By:	Benjamin Withrow				
Attorney Docket Number:					
Receipt Date:	14-DEC-2006				
Filing Date:	03-NOV-2003				
Time Stamp:	08:53:23				
Application Type:	Utility				
Payment information:					

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Submitted with Payment	no
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## File Listing:

Document Number	Document Description	File Name	File Size(Bytes)	Multi Part /.zip	Pages (if appl.)		
1	Change of Address	12-14-06_Change_of_Corre spondence.pdf	227509	no	1		
Warnings:							
Information:							
2	Power of Attorney	12-14-06_POA.pdf	57888	no	1		
Warnings:							
Information:							
	Total Files Size (in bytes)		285397				

This Acknowledgement Receipt evidences receipt on the noted date by the USPTO of the indicated documents, characterized by the applicant, and including page counts, where applicable. It serves as evidence of receipt similar to a Post Card, as described in MPEP 503.

## New Applications Under 35 U.S.C. 111

If a new application is being filed and the application includes the necessary components for a filing date (see 37 CFR 1.53(b)-(d) and MPEP 506), a Filing Receipt (37 CFR 1.54) will be issued in due course and the date shown on this Acknowledgement Receipt will establish the filing date of the application.

## National Stage of an International Application under 35 U.S.C. 371

If a timely submission to enter the national stage of an international application is compliant with the conditions of 35 U.S.C. 371 and other applicable requirements a Form PCT/DO/EO/903 indicating acceptance of the application as a national stage submission under 35 U.S.C. 371 will be issued in addition to the Filing Receipt, in due course.